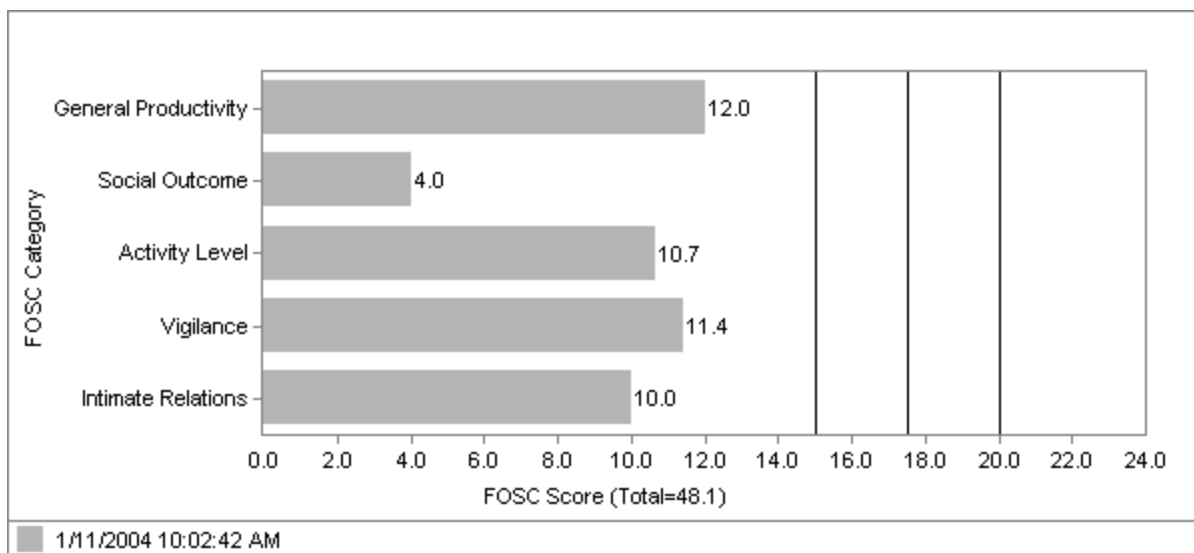


# Sleep Disorder Report



**Name:** Joe Sample  
**ID:** 111111111  
**Date:** 1/11/2004 10:02:42 AM

**Gender:** Male  
**Age:** 33



Narcolepsy <sup>(2)</sup> : 20	Witness snoring: Rarely
ESS: 16	Personal gasp, snort, choke: Never
SACS: 7	Witnessed gasp, snort, choke: Occasionally
Hypertensive: Never	Witnessed stop breathing: Occasionally
Neck Size: 17.3"	Probability of AHI > 10: Medium
	Probability of AHI > 20: Medium
BMI: 30	Height = 6' 2"    Weight = 234 lb

(2) A narcolepsy score of 14 or greater is highly suggestive of this condition.

<u>Leg Movements</u>	No	High BP	No	Thyroid Disease
<b>Yes</b> Urge to move	<b>Yes</b>	Lung Disease	<b>Yes</b>	Tonsillectomy
No Rest Worse	<b>Yes</b>	Heart Disease	<b>Yes</b>	Psychiatric Dis
<b>Yes</b> Relieved by movement	No	Heart Attack	No	Smoking
No Worse in evening	<b>Yes</b>	Stroke	No	Auto accidents
<u>Sleep Hygiene</u>				
<b>Yes</b> Alcohol : 1-3/wk	No	Shift Work	11:11 pm	Time to sleep
<b>Yes</b> Caffeine : 3-5/day	<b>Yes</b>	Sleep long on weekend	07:00 am	Time awake
<b>Yes</b> Sleeping pills : Rarely	No	Time zone travel	09 hr	Total Sleep
<b>Yes</b> Alarm Clock	<b>Yes</b>	Paralysis		
	No	Hallucinate		

(1) Indicates a condition that is currently receiving treatment.

These are only guidelines that will help in determining the probability of Obstructive Sleep Apnea Syndrome, and do not replace a careful history and physical exam.

Provider \_\_\_\_\_